

Gap Year Course 2027

What is the Course all About?



In short, this course is a **10-Week Gap Year Journey**, where you learn almost everything you need to know about life!



Gap Year Course (with **3 Weeks Live In-Person in Rosebank, JHB**)

22nd February 2027 until 30th April 2027

“I learned more on this course than I did in 12 years of school”

Tiana

“Doing this course was the best decision I ever made!”

Giovanna

“Time flies when you are having fun, and everything was so fun!”

Jean

“It was the best year of my life”

Simone





Find Your Dream Job and Career!

160 Job and Career Options

Please note that students can choose up to 4 of the careers from this list that will be included on their career journey. The others will be based on their individual Career Coaching Journeys. There will also be 12-15 Core Careers that all students will do to give them a different background into various different fields.

A.

Accountant/Chartered Accountant, Acting, Actuary, Acupuncture, Advertising, Aeronautical/Aerospace Engineering, Animal Sciences, Animal Services, Animation, Anthropology, Aquaponics, Aquatic Science, Archaeology, Architecture, Aromatherapy, Artificial Intelligence Specialist, Artist, Astrophysics, Audiologist

B.

Bakineer (Baking and Engineering), Baking, Beauty Therapy, Beekeeping, Bio-Kinetics, Biomedical Engineering, Body Stress Release, Business Management

C.

Car Mechanic, Carpentry, Catering, Chef, Chemical Engineering, Chemistry, Chiropractor, Choreography, Cinematography, Civil Engineering, Coding, Comedian/Stand-Up, Computer Game Design, Costume Designer, Counselling, Criminology

D.

DJ, Data Science/Data Engineering, Dentist/Orthodontist, Dermatologist, Digital Content Creation, Digital Marketing, Diving Instructor

E.

Eco-Building, Economist, Educator/Teacher, Electrical Engineering, Electrician, Environmental Science, Epidemiology, Estate Agent, Ethical Hacking/Cyber Security

F.

Farming, Fashion Designer, Film Director, Film Editing, Film Making, Financial Analyst, Fitness/Personal Trainer, Florist, Forensics, Full Stack Developer/Engineer, Futurist/Trend Analysis

G.

Game Ranging, Genetics, Geology, Graphic Designer, Green Technology/Environmental Technology

H.

Hair Styling, Historian, Homoeopathy, Horticulture, Hospitality, Hotel Management, Human Resources, Hydroponics, Hypnotherapy

I.

Industrial Designing, Informatics, Information Technology/IT, Interior Design

J,K,L.

Journalism, Kinesiology, Landscaping, Lawyer, Life Coaching, Logistics

M.

Magician, Make-Up Artist, Marine Biology, Marketing, Mechanical Engineering, Media/Broadcasting, Medicine, Metaphysics



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N, O

Nature Conservation, Nursing, Nutritionist/Dietician, Occupational Therapy, Oceanography, Optometrist, Orthotist/Prosthetist

P.

Paediatrics, Palaeontologist, Paramedic, Personal Styling/Image Consultant, Pharmacist, Philosophy, Phlebotomist, Photography, Physiotherapy, Pilot, Playwright, Plumbing, Politics, Private Investigation, Procurement/Buying, Prompt Engineer, Psychiatrist, Psychologist, Public Relations

Q, R

Quantity Surveyor, Radio/Podcast Presenting, Reflexology, Reiki Practitioner, Restaurateur, Robotics

S.

Social Media Influencer, Social Worker, Software Developer, Song Writing and Composing, Sound Engineering, Speech Therapist, Sports Science, Sports Management, Statistics

T.

Tattoo Artist, Travel Agent, Tourism/Tour Guide, TV Presenting, TV Show Creation & Production

U, V, W.

Veterinarian, Videographer, Virtual Reality Design, Winemaker/Viticulturist, Web/App Developer & Design, Wedding Planner, Writer/Author

X, Y, Z.

Yoga Instructor, Zoology



💡 The “Life Works” Life Skills Module

This fundamental course component covers business, creative, general emotional intelligence, and street-smart skills to help empower students to be independent, self-reliant, and competent individuals.

Brainstorming, Mapping & Planning Ideas 101	How to Travel the World on a Small Budget	Self Defence Skills
	How to Change a Tyre	How to Write an Effective CV
To Do Lists and Getting things done	How to Take Effective Notes	Home Loans and Retirement Funds
	How does SARS, Tax, VAT work?	Creating and Sticking to a Budget
Goal Setting, Planning and Commitment	Job Interview Skills	Learning Rapport, Listening & Conversation Skills
	Financial Management	Creating Multiple Streams of Income
Creating a Bullet Journal	The Essential Human Needs	Coping with Stress & Anxiety
	Public Speaking 101	Creating Daily Habits for Motivation & Success
Mindfulness – Gratitude, Being Present, Meditation	AI Boot Camp – How to Prepare for the Future	The Power of Physiology and Body Language 101
	Understanding & Developing Self-Love & Self Awareness	How to Prepare for a Career that doesn't Exist Yet





Expand Your Emotional Intelligence!

The Gap Year Experience aims to equip students with the skills and self-knowledge to deal with life challenges as well as live a healthy, balanced, and happy life – some components will be group-based and some individual!

Some of the following important topics will be covered:

- How to Cope with Stress and Anxiety
- Dealing with Fear and Self-Sabotage
- The Resilience Code!
- How Deal with Difficult People and Hard Conversations
- Making Good Quality Decisions
- Effective Conflict Resolution
- Why you Think the Way you Think!
- Building Better Relationships including with Yourself!
- Empowered Thinking
- Getting Things Done – Moving Beyond Procrastination
- Failing Safely – Getting it Wrong to get it Right
- How to Feel Certain in an Uncertain Future
- Having Effective Time Management
- Your Focus is your Future
- Creating an Opportunity Mindset
- Silencing the Inner Judge
- Understanding your Values and Emotions
- The Way People Feel Appreciated
- Taking Back Control of your Mind
- Improving Mental, Emotional and Physical Energy
- Learning to Think Outside the Box
- Tips and strategies for a Happy and Fulfilled Life
- The Mind-Body Connection
- The Psychology of Money, Finances and Success!
- Finding Purpose and Meaning in your Life





Adventures and Experiences!

The students will have up to 3 in-person experiences included in the course. These will take place in the three in-person weeks of the course. They can get to choose from the following exciting adventures:

- Ice Skating Go-Karting Adventure Golf Ziplining Ten Pin Bowling Hiking Trip**
Laser Tag Experience Chocolate Tasting Art Museum Tour Trampoline Park Gold Reef City



Sky Diving and a Bungee Jumping Experience can be arranged at extra fee





Special Online Beginner Courses!

Want to really experience something interesting – we offer 3 specially designed online courses to help you, whether you do these as a career or not!

Entrepreneurship - The Beginners Guide:



During the Course you will discover: What Business to do – Sole Prop vs Pty Ltd, Product vs Service etc, Finding the Right Idea, Understanding your Customers and their Needs, Understanding the Basics – USP, Logo, Registering a Business etc, How to Design and Host a Website, Sales, Marketing and Digital Marketing, Budgeting and Pricing, Scaling your Business, Expanding your Business, Franchising 101, Creating a Business Plan, Branding and Networking, The Psychology of Success in Entrepreneurship

Students will even get the chance to start their own business while they are on the course in a simple, practical and easy-to-follow way!

Property 101:



We will look at the different types of Property you could get involved in:

Understanding Permanent vs Temporary Renting, Renting Property vs Buying, Property Investing, How to Design and Cost your Own Property, Interior Design 101, A Guide to Estate Agents, Flipping Property 101 with Challenge, The Future of Property Building Design, Making your Property Profitable & the Different Strategies

Financial Investing & Money Boot Camp:



We will look at the different types of investing you could get involved in:

Understanding Financial Terms, Assets 101, Risk Appetite & Passive vs Active Investing, The Stock Market 101, Trading 101, Crypto Currency 101, Blockchain 101, NFT's 101, Property Investing, Retirement Annuities 101





What do I get on the Gap Year Journey?



The 10-Week Gap Year Course Includes:

3 Live In-Person Power Weeks (The First Two Weeks and Final Week of the Course) featuring Core Careers, Life Skills, EQ, Games, Adventures, Experiences, Challenges AND

Tailor-made Online Career Journey featuring at least 10-12 Careers with Lessons (See pages 2-3) AND

Up to 4 Live Online **Individual Coaching Sessions**
(Career and Life Coaching)

PLUS

- **Practical Event Challenge – Arranging and Hosting a Real-Life Event**
- Structured Online Timetable for the other 7 Weeks featuring **Live Online Group Sessions**
- The Entire “**Life Works**” Life Skills Course (See Pg 4)
- Tailor-made and Group **EQ (Emotional Intelligence) Journey** (see Pg 5)
- Our Entire “**Money Week**” Course
- **Access to 3 Extra Modules/Experiences** Online at R3000 per course (See Pg 7)

Normal Cost: R33 000 (per person valid for a limited time only)

Special Early-Bird Discounted Price: R27 500

(per person for bookings made before 15th May 2026)