

# Mini Gap Year Course 2026



## What is the Course all About?



In short, this course is a **6-Week Greatest Hits** of the Gap Year Journey, where you learn almost everything you need to know about life!

Gap Year Course (with First Week Live in Johannesburg)

9th February till 20th March 2026







### Find Your Dream Job and Career!

#### 160 Job and Career Options

Please note that students can choose up to 4 of the careers from this list that will be included on there career journey. The others will be based on their individual Career Coaching Journeys. There will also be 10 Core Careers that all students will do to give them a different background into various different fields.



Accountant/Chartered Accountant, Acting, Actuary, Acupuncture, Advertising, Aeronautical/Aerospace Engineering, Animal Sciences, Animal Services, Animation, Anthropology, Aquaponics, Aquatic Science, Archaeology, Architecture, Aromatherapy, Artificial Intelligence Specialist, Artist, Astrophysics, Audiologist



Bakineer (Baking and Engineering), Baking, Beauty Therapy, Beekeeping, Bio-Kinetics, Biomedical Engineering, Body Stress Release, Business Management



Car Mechanic, Carpentry, Catering, Chef, Chemical Engineering, Chemistry, Chiropractor, Choreography, Cinematography, Civil Engineering, Coding, Comedian/Stand-Up, Computer Game Design, Costume Designer, Counselling, Criminology



DJ, Data Science/Data Engineering, Dentist/Orthodontist, Dermatologist, Digital Content Creation, Digital Marketing, Diving Instructor



Eco-Building, Economist, Educator/Teacher, Electrical Engineering, Electrician, Environmental Science, Epidemiology, Estate Agent, Ethical Hacking/Cyber Security



Farming, Fashion Designer, Film Director, Film Editing, Film Making, Financial Analyst, Fitness/Personal Trainer, Florist, Forensics, Full Stack Developer/Engineer, Futurist/Trend Analysis



Game Ranging, Genetics, Geology, Graphic Designer, Green Technology/Environmental Technology



Hair Styling, Historian, Homoeopathy, Horticulture, Hospitality, Hotel Management, Human Resources, Hydroponics, Hypnotherapy



Industrial Designing, Informatics, Information Technology/IT, Interior Design



Journalism, Kinesiology, Landscaping, Lawyer, Life Coaching, Logistics



Magician, Make-Up Artist, Marine Biology, Marketing, Mechanical Engineering, Media/Broadcasting, Medicine, Metaphysics



## Find Your Dream Job and Career!



Nature Conservation, Nursing, Nutritionist/Dietician, Occupational Therapy, Oceanography, Optometrist, Orthotist/Prosthetist



Paediatrics, Palaeontologist, Paramedic, Personal Styling/Image Consultant, Pharmacist, Philosophy, Phlebotomist, Photography, Physiotherapy, Pilot, Playwright, Plumbing, Politics, Private Investigation, Procurement/Buying, Prompt Engineer, Psychiatrist, Psychologist, Public Relations



Quantity Surveyor, Radio/Podcast Presenting, Reflexology, Reiki Practitioner, Restauranteur, Robotics



Social Media Influencer, Social Worker, Software Developer, Song Writing and Composing, Sound Engineering, Speech Therapist, Sports Science, Sports Management, Statistics



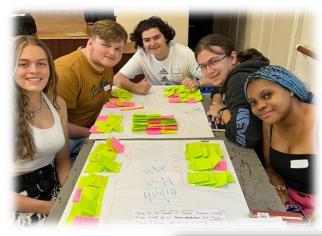
Tattoo Artist, Travel Agent, Tourism/Tour Guide, TV Presenting, TV Show Creation & Production



Veterinarian, Videographer, Virtual Reality Design, Winemaker/Viticulturist, Web/App Developer & Design, Wedding Planner, Writer/Author



Yoga Instructor, Zoology











## The "Life Works" Life Skills Module

This fundamental course component covers business, creative, general emotional intelligence, and street-smart skills to help empower students to be independent, self-reliant, and competent individuals.

Brainstorming, Mapping & How to Travel the World on a Self Defence Skills Planning Ideas 101 Small Budget How to Change a Tyre How to Write an Effective CV To Do Lists and Getting Home Loans and How to Take Effective Notes things done Retirement Funds How does SARS, Tax, VAT Creating and Sticking to a Budget work? Goal Setting, Planning and Learning Rapport, Listening & Job Interview Skills Commitment Conversation Skills Creating Multiple Financial Management Streams of Income Creating a Bullet Journal The Essential Human Needs Coping with Stress & Anxiety Creating Daily Habits for The Science of Happiness 101 Motivation & Success Mindfulness – Gratitude, **Building & Maintaining** The Power of Physiology and Being Present, Meditation Self-Confidence Body Language 101

Understanding & Developing Self-Love & Self Awareness

How to Prepare for a Career that doesn't Exist Yet







## Special Online Beginner Courses!

Want to really experience something interesting – we offer 4 specially designed online courses to help you, whether you do these as a career or not!

#### Entrepreneurship - The Beginners Guide:



During the Course you will discover: What Business to do – Sole Prop vs Pty Ltd, Product vs Service etc, Finding the Right Idea, Understanding your Customers and their Needs, Understanding the Basics – USP, Logo, Registering a Business etc, How to Design and Host a Website, Sales, Marketing and Digital Marketing, Budgeting and Pricing, Scaling your Business, Expanding your Business, Franchising 101, Creating a Business Plan, Branding and Networking, The Psychology of Success in Entrepreneurship

Students will even get the chance to start their own business while they are on the course in a simple, practical and easy-to-follow way!

#### AI (Artificial Intelligence) - The Beginners Guide:

Learn the Basics of AI in this special course that will include: What is AI? The Basics of using a Programme like Chat GPT, AI for Creating Art and Images, AI for Creating Animation and Videos, The Dangers of AI and Safety Measures, Using AI for Making Mundane and Complicated Tasks Exciting & Streamlined, What the Future is going to look like in the Age of AI, AI for Health and Wellness, Ensuring the Human Connection is not lost in the Sea of Technology

#### **Property 101:**



We will look at the different types of Property you could get involved in:

Understanding Permanent vs Temporary Renting, Renting Property vs Buying, Property Investing, How to Design and Cost your Own Property, Interior Design 101, A Guide to Estate Agents, Flipping Property 101 with Challenge, The Future of Property Building Design, Making your Property Profitable & the Different Strategies

## Financial Investing & Money Boot Camp:



We will look at the different types of investing you could get involved in:

Understanding Financial Terms, Assets 101, Risk Appetite & Passive vs Active Investing, The Stock Market 101, Trading 101, Crypto Currency 101, Blockchain 101, NFT's 101, Property Investing, Retirement Annuities 101









## What do I get on the Mini Gap Year Journey?







#### Mini Gap Year Course Includes:

Live In-Person Power Week featuring Life Skills, EQ, Games, Adventures, Experiences and Challenges AND

**Tailor-made Online Career Journey** featuring at least 10-12 Careers with Lessons (See pages 3-4) AND

Up to 4 Live Online **Individual Coaching Sessions** (Career and Life Coaching)

#### **PLUS**

- Online Practical Challenges in up to 3 of the Careers you are most interested in
- 5 Live Online Group Sessions
- The Entire "Life Works" Life Skills Course (See Page 4)
- Tailor-Made EQ (Emotional Intelligence) Journey of up to 5 Different Lessons!
- Access to 4 Extra Modules/Experiences Online at R3000 per course (See Pg 5)

